



# MyPath Program: Participant Journey

A guided path to weight management

## Introduction

Welcome to MyPath, a guided health program designed to support you throughout your weight-management journey. Our dedicated care team will provide guidance and support at each stage, helping you achieve your health goals.

## Program Phases

### Onboarding

- Setup your account
- Complete orientation
- Order your device

### Maintenance

- Maintain your progress
- Build sustainable habits

### Retreatment

- Option to re-enter Active Weight Loss if needed

### Active Weight Loss

- Regular check-ins
- Consistent tracking
- Ongoing support

### Tapering

- Gradual independence

### Graduation

- Long-term success and independence

## Care Team Support

- Tracks your progress 
- Adjusts your program phase 
- Aligns your care plan 
- Helps you overcome challenges 

## Your Experience

The MyPath program offers a flexible, supportive, and personalized journey. Your progress is based on your individual needs, your engagement, and the guidance of our clinical experts.

## Next Steps

Continue to actively engage with the MyPath program, communicate regularly with your care team, and celebrate your achievements along the way! We are here to support you every step of the journey.